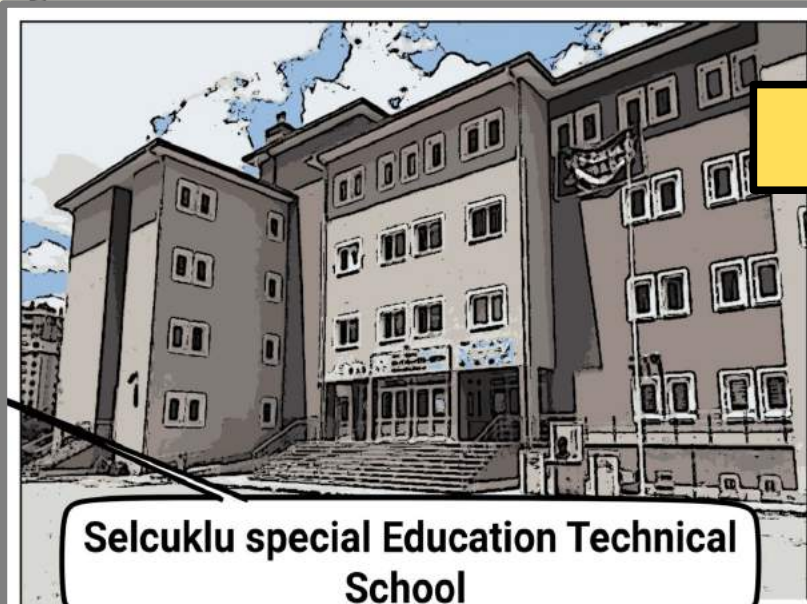


1st LTT meeting in Selçuklu Özel Eğitim Meslek Okulu in Konya – Turkey 6-10 September 2021

Erasmus+ and eTwinning project partners “Sky is the limit – SENART” from Turkey, Portugal, Croatia, Romania and Poland meet in person for the very first time in Selçuklu Özel Eğitim Meslek Okulu in Konya. The aim was to learn some art therapy techniques focused on wood work and ceramic work. It was a great time of working and learning together.

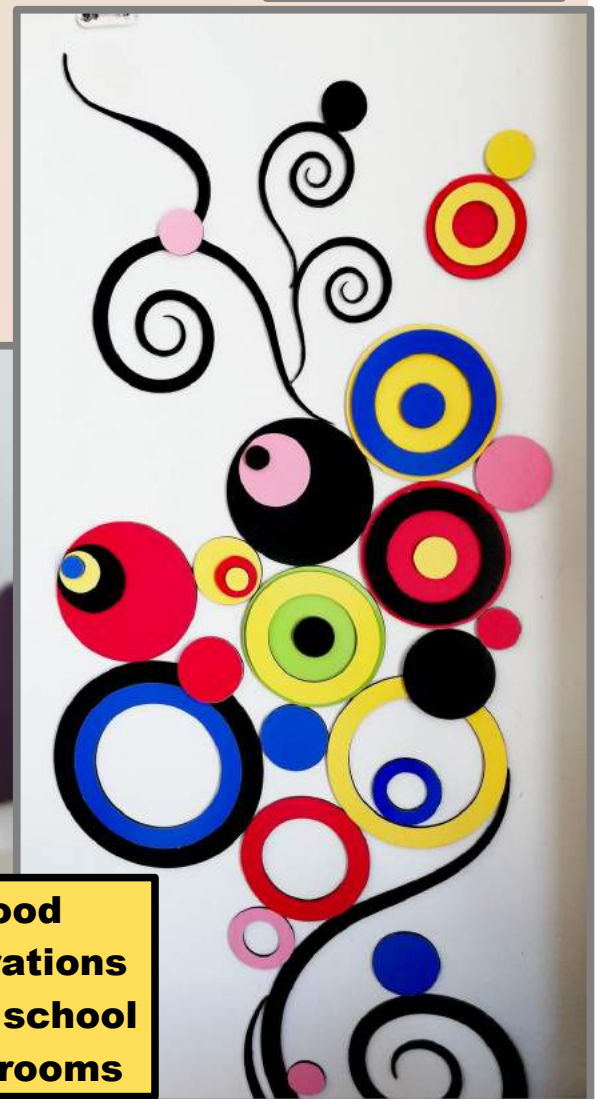


Selçuklu special Education Technical
School

DAY ONE



**Wood
decorations
in the school
classrooms**



Few words about the mobility

During the meeting participants met project's partners from other participating countries, host school management, teachers and students. It was held a presentation of the host school. Project partners discussed activities and outcomes, dissemination, prepared detailed timetable of project activities at the national and international level, discussed the content and target group of the questionnaire to measure the quality of project realization and impact. Coordinators discussed on project organizational documentation, evidences, mandatory documentation, and worked on the eTwinning project and its tool TwinSpace. It was also discussed use of Europass Mobility and social networks for dissemination the project results. The main aims were following activities: wood therapy workshop, ceramic therapy workshops, visual arts workshops, cultural event activities.



Ceramic decorations in the school

Wood workshop

After visiting the host school participants started wood work. Teachers were trained how to use wood by art therapy activities for special education needs students. During the workshop the wood was grinded, the parts were decorated by gluing some decorative elements and painting it. The final results were beautiful bird's houses. participants learned how to work with wood, composition of elements and colors. It was great fun and relaxing.



Wood activities

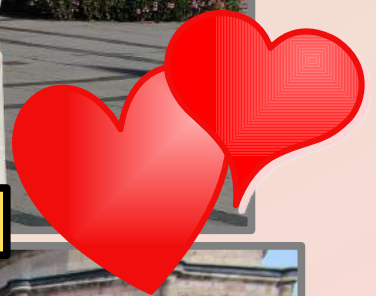
**Viewpoint
Konya**



At the end of the day a tour to the most famous Konya places was provided.



Hearts



**Mevlana
Museum**

Clay workshop

The second day was a clay workshop. Participants learned two techniques of working with clay: a potter's wheel and clay molding with rollers and balls. Turning on a potter's wheel is a difficult technique. It takes time and concentration. On the other hand, it brings a lot of satisfaction and evokes a will to act. Modeling clay requires precision. Both techniques are great for use in art therapy with SEN students. They bring many benefits and creative joy.

Kneading the clay takes strength



DAY TWO



Potter's wheel



Modeling clay final result

Therapeutic and educational aspects of activities with clay and wood

motivate to action

learn culture and traditions

develop artistic habits

develop imagination and creativity

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Activities on a potter's wheel

improve long-term concentration and attention

nurturing heritage and folk creativity

help to exercise hands

stimulate design skills

help express yourself

nice feeling of creating beautiful things

perfect patience and precision

learn to plan and make decisions

learning to listen to the coach

Çatalhöyük - inspiration from ancient times



After the workshops, the participants visited Çatalhöyük archaeological excavations from the Neolithic. It is a fascinating place where you can see how our great great ancestors lived.

Çatalhöyük is inscribed on the UNESCO World Heritage List.



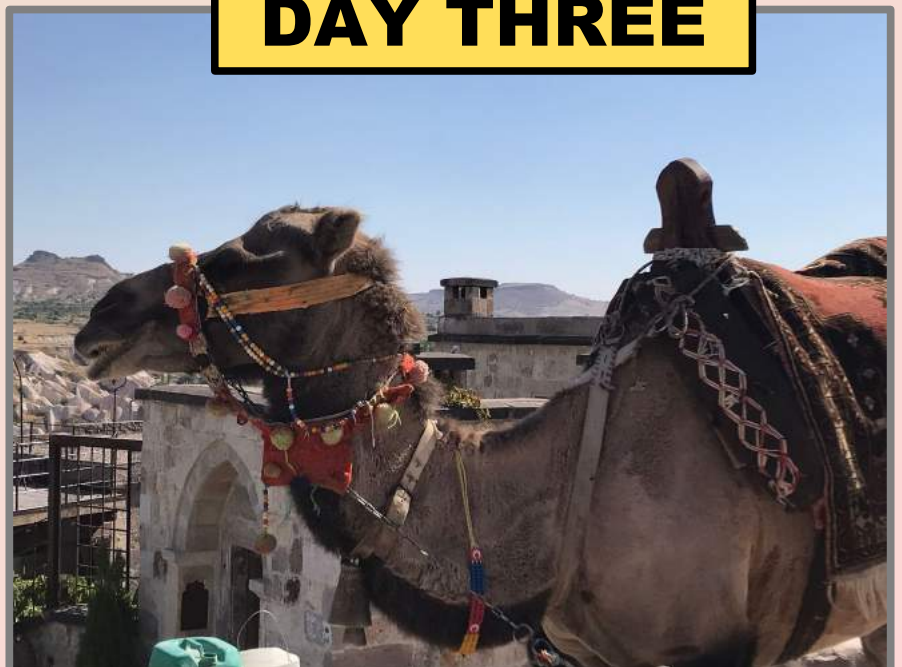
Cappadocia - historical land of lunar landscapes and underground cities

The mobility participants had an unforgettable experience in Cappadocia. This historic land in central Turkey and central Anatolia is known primarily for its characteristic tuff forms, with houses and churches carved out of volcanic rocks that create a magnificent lunar landscape. Here you can feel like in a fairy tale. The ceramics are also fabulous, and the craftsmen cultivate the old way of turning clay products.

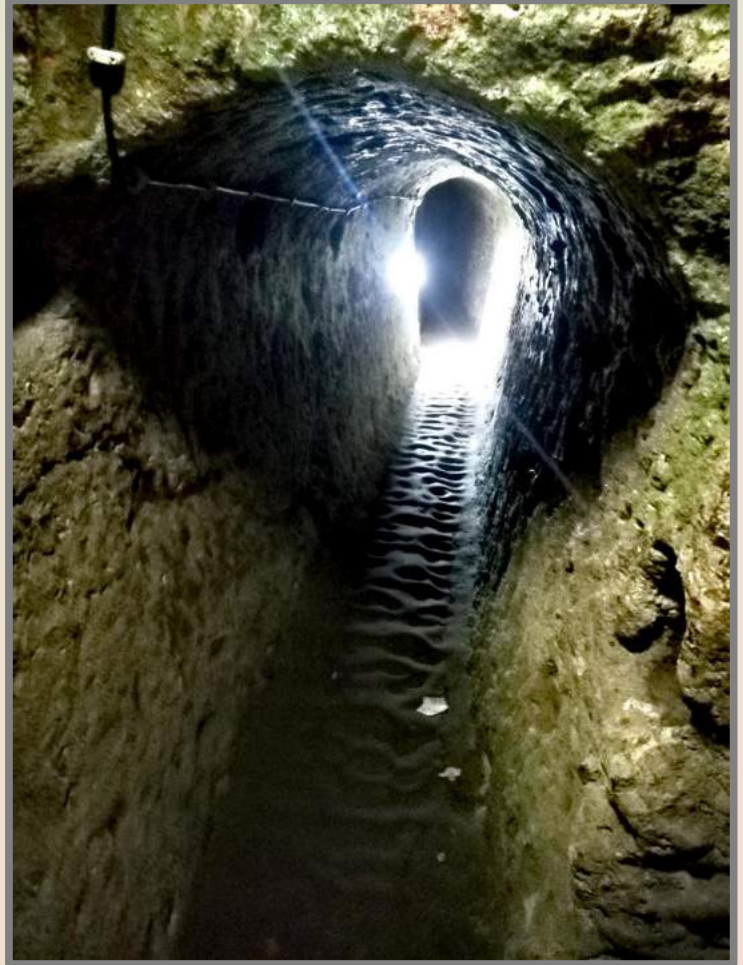
Pigeon Valley



DAY THREE



Derinkuyu - underground city



The underground city in Derinkuyu – UNESCO World Heritage – stretches over several floors. There are numerous rooms with various everyday functions, endless corridors and hundreds of steps. Narrow low tunnels lead to a fascinating underground city that has protected its inhabitants for centuries from invaders' attacks.





Uçhisar Castle in Zirvesi Cappadocia



Preserved frescoes in Cappadocia's churches



Historic building Aksary - Sultanhani



Handmade ceramic of Cappadocia



Art & design - ceramic painting



The ceramics painting workshop enriched the participants with two techniques: precise painting of patterns prepared on paper and transferred to tiles, and fanciful **EBRU** painting.



DAY FOUR

Dervish show



The Dervish show was a great experience of Turkish culture and traditions. The so-called Whirling Dervish meditate in motion in the form of a series of "dance" figures. The most spectacular is the ability to whirl very quickly. It is a spiritual journey of Dervishes whirling for divine love. To see it live is an amazing experience. Whirling Dervishes are a symbol of Konya and often inspired culture and art.



Ebru painting

This ancient technique of “painting on water” is also known as “paper marbling” due to fantastic, swirled patterns on the end product. Ebru works of art are created by transferring designs, patterns, and motifs onto sheets of paper, fabric, and other canvases, for example ceramics. You can create random, fancy patterns or planned specific shapes such as flowers, leaves, hearts, etc. The technique very well suited to work wit SEN students. It stimulates imagination and creativity.



DAY FIVE

The use of various colors and tools allows to create fantastic patterns and designs.



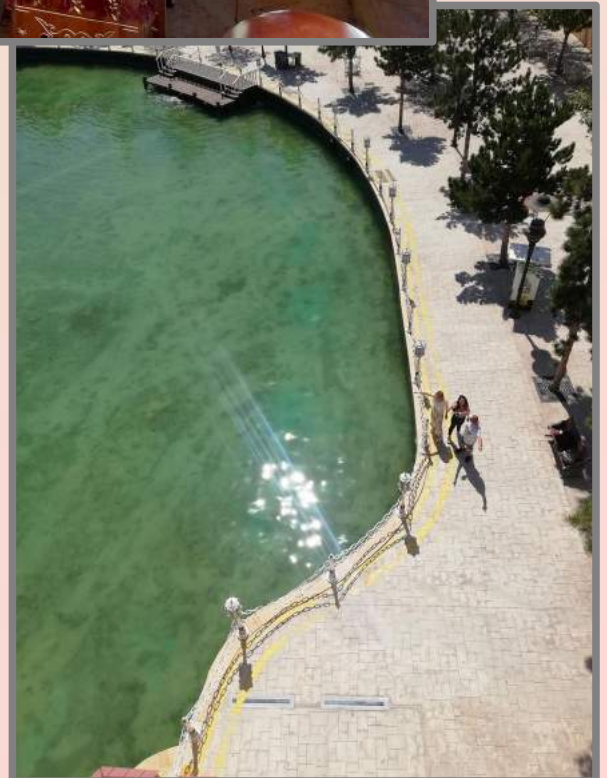


Painting with ebru technique

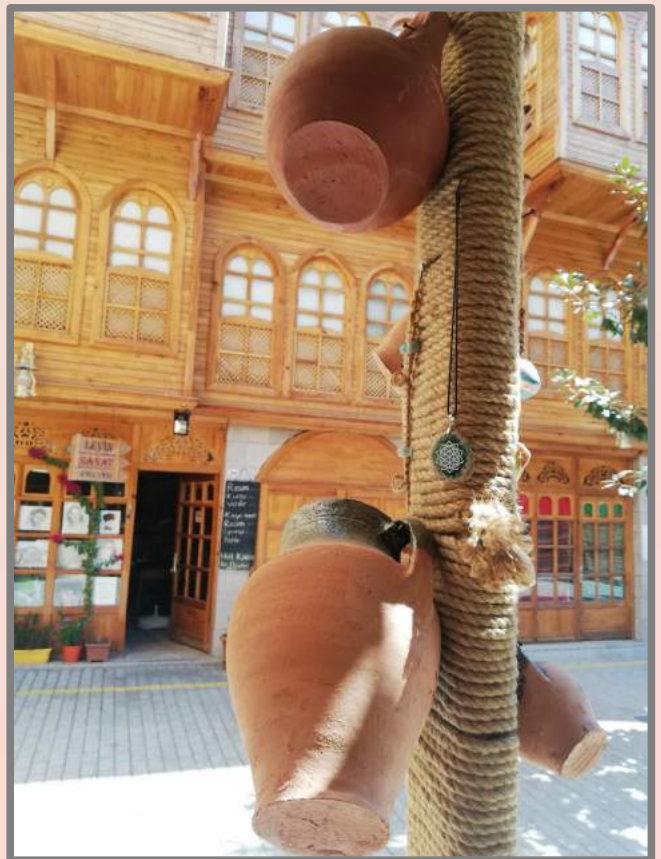
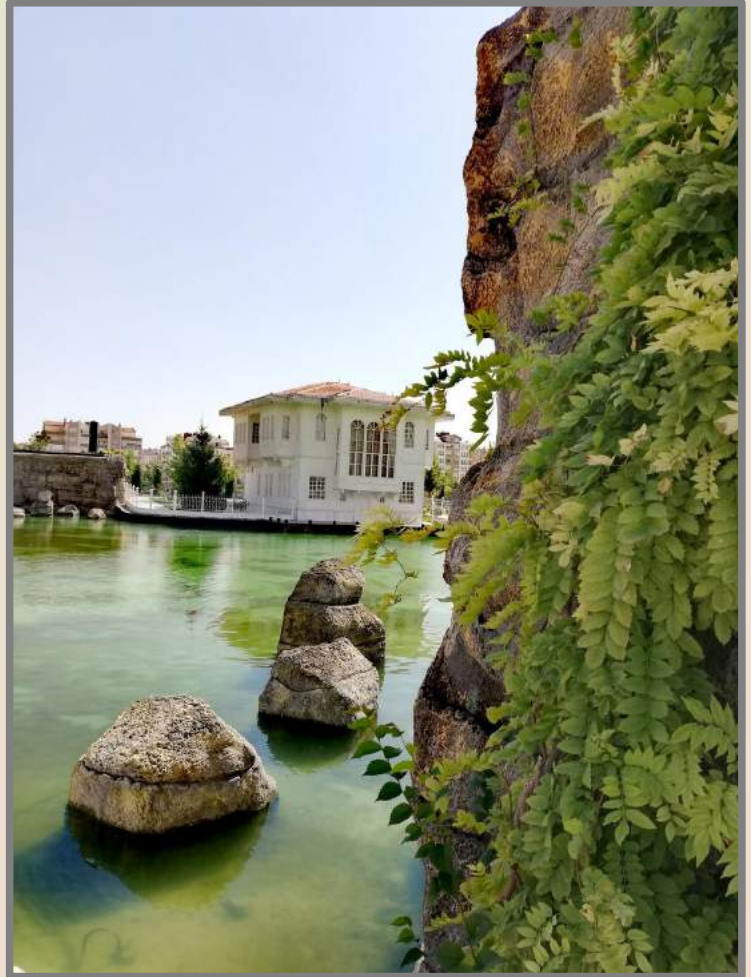


Konya Ecdad Park

After a week full of workshops, creativity and breathtaking views of Konya and its region it was still something beautiful to discover – Konya Ecdad Park. It is a place of beauty, peace, handmade ceramic, and regional products. Here you can find some nice glass of Turkish tea or a cup of coffee in an amazing coffeehouse.



Konya Ecdad Park



Summary

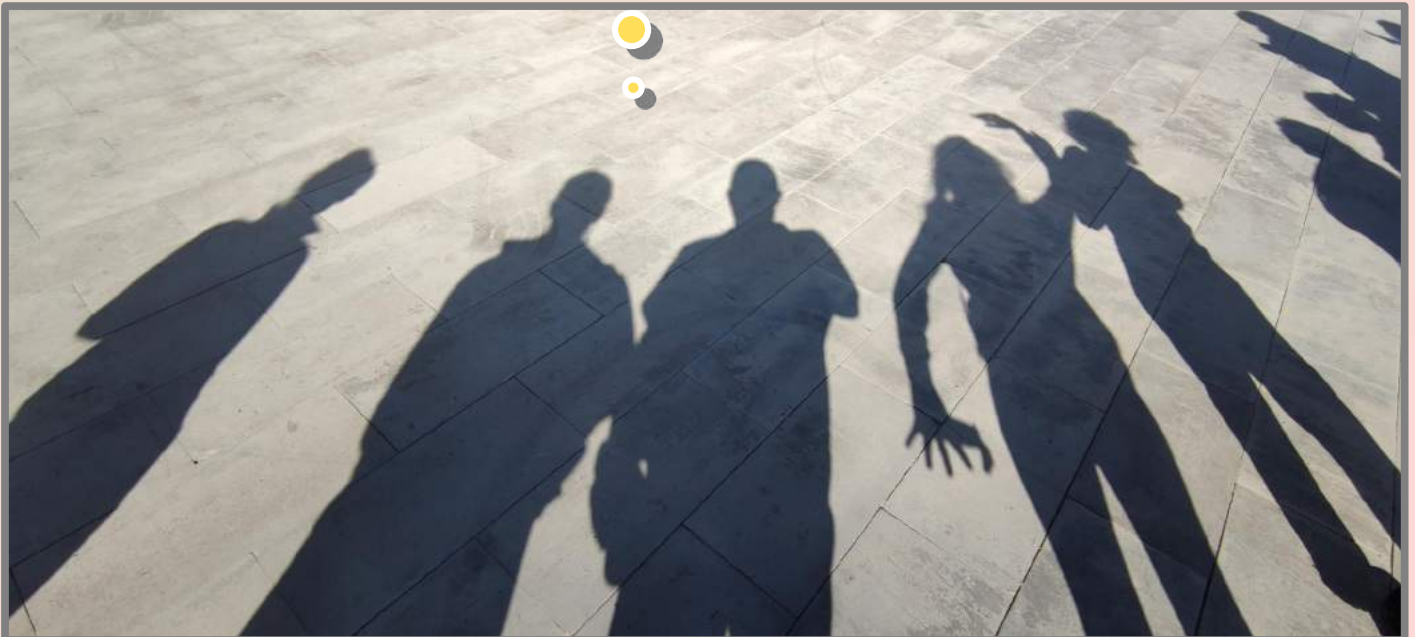
Within the scope of project exchange "Sky is the limit - SENART" held between September 6, 2021 and September 10, 2021 which took place in Konya - Turkey, several short-term activities were carried out in accordance with the project objectives.

We emphasize that the project has as its main objective all expressions of art. Any of the artistic expressions help to promote our students' concentration, creativity, relaxation and self-esteem development. In this sense, all the activities planned and carried out met the goals defined by the project, as well as promoting an improvement in our skills as agents promoting inclusion in our schools and beyond.

In Selcuklu Ozel Egitim Meslek Okulu we had the opportunity to work ceramics and wood as vehicles of artistic and cultural expression of the welcoming country itself. The different workshops we attended enriched our experiences and opened up new horizons in working with students with special educational needs. The workshops were very diverse and very well organized. It should be noted that the entire school was involved in the project.

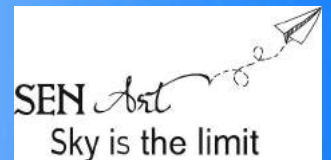
We thank the whole team and family for the warm way they received us.

Teşekkürler





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PROGRAM ERASMUS+

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SENART



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2020-1-TR01-KA2229-092504_4

2020-1-TR01-KA2229-092504_5

Editors and photos:
The project team
“Sky is the limit – SENART”

More information:

Facebook group

Project's website

TwinSpace- eTwinning project

Contact details:

Zespół Szkół Nr 16

e-mail: szkola@zs16bialystok.pl

